



Wittlinger

Therapie · Reha · Ausbildung

CHECKLIST

For your inpatient stay at the Wittlinger Therapy Center

- Wide comfortable clothes
- Silk pantyhose as large as possible - in case of leg edema (this is pulled over the bandage).
- Larger shoes (for leg edema). Optimal with velcro fastener that can be opened wide. If you do not have shoes at home you can buy them in our therapy center. (see example picture on the back).
- Swimsuit or swim trunks
- Gymnastics clothing (for gymnastics)
- All permanent medications
- Sufficient dressing material for the entire stay. (Only if you have an open wound at the time of your stay).
- Last compression stocking
- Current laboratory (blood count), should not be older than 3-4 weeks.
- All current / relevant findings
- Detergent (if you want to wash your clothes)

Example image of the bandaged legs:

