



DFP-points  
requested!

# LYMPHOLOGY

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# SUMMER DAYS

Date:  
**21 – 24 June 2023**

Venue:  
**Multi-Purpose Hall Walchsee and  
Wittlinger Lymphedema Clinic**

**Therapeutic Science and Scientific Therapy in Lymphology**



Association of Dr. Vodder's  
Manual Lymph Drainage and  
Other Lymphology Therapies  
(GfMLV)

[www.gfmlv.at](http://www.gfmlv.at)



in cooperation with Austrian  
Association of Lymphology  
(Ö.Ges.f.Lymphologie)

## General

Time 21-24 June 2023  
Venue **Multi-Purpose Hall**  
in 6344 Walchsee, Alleestr. 24 and  
**Wittlinger Lymphedema Clinic**  
in 6344 Walchsee, Alleestr. 30

Organiser **Association of Dr. Vodder's Manual Lymph  
Drainage and Other Lymphatic Therapies**  
in cooperation with the  
**Austrian Association of  
Lymphology**

Scientific Director Ao.Univ.-Prof. Dr.med.univ.  
**Erich Brenner, MME**  
Division Clinical and Functional  
Medical University of Innsbruck  
Müllerstraße 59  
6020 Innsbruck

Congress Organisation **Nicole Achorner, Lejla Terzic**  
kongress@gfmlv.at

Presentations **Submission deadline for presentations:**  
31 Jan 2023, mail to:  
kongress@gfmlv.at

## Registration

by e-mail: kongress@gfmlv.at or online at [www.gfmlv.at](http://www.gfmlv.at)

**I hereby register for the Lymphology Summer Days 2023.**

A detailed registration form and the main programme will be sent to you by e-mail.

First/Second Name

Phone:

E-mail:



## Congress Fees:

### Workshops (per course)

€ 40.- for members \*

€ 60.- for non-members

### Refresher course (2 days)

€ 210.- without congress

### Refresher course (4 days)

€ 350.- with congress, keynote address  
Fri and Sat all day

### Congress ticket (2 days)

€ 180.- for members \*  
(without workshops)

€ 210.- for non-members  
(without workshops)

ON 23 AND 24 JUNE (ACTUAL CONGRESS DAYS) CONGRESS FEES INCLUDE LUNCH AND COFFEE BREAKS.

### Guided bike tour (e-bike):

€ 20.- 1 1/2 hrs

### Cruising on Lake Walchsee with e-boat:

€ 23.- 1 hr / € 16.- 1/2 hr

### Nordic walking:

€ 10.- 1 hr

### Horse and carriage ride:

€ 19.- approx. 1 hr

\*reduced fees for members of the following associations:

- Association of Dr. Vodder's Manual Lymph Drainage and Other Lymphatic Therapies
- Austrian Association of Lymphology
- Austrian Lymph League
- Physio Austria
- DGL/DGPL
- BHÖ
- GDL
- ÖGPMR
- Association of Physiotherapy (VPT) Bavarian Chapter
- Lymph Association Switzerland

## Payment:

Transfer money to the conference account of the Association of Dr. Vodder's Manual Lymph Drainage and Other Lymphatic Therapies  
Volksbank Walchsee, 6344 Walchsee,  
IBAN: AT664239003000102722, BIC: VBOEATWWINN  
Indicating: Lymphology Summer Days 2023  
All and any payments free of charge for the payee

## Hotel Info:

- ✿ Gasthof Walchseerhof  
Dorfplatz 2, A-6344 Walchsee, Tel. +43 (0) 5374 5233  
www.walchseerhof.at, info@walchseerhof.com
- ✿ Hotel Garni Ilgerhof  
Dorfplatz 4, A-6344 Walchsee, Tel. +43 (0) 5374 5251  
Telefax: +43 (0) 5374 5251-42, www.ilgerhof.com
- ✿ Hotel Moarhof  
Schwaigs 42, 6344 Walchsee, Tel. +43 (0) 5374 5378  
www.moarhof.at, gcwalchsee@golf.at
- ✿ Hotel Wildauerhof  
Sonnleiten 51, 6344 Walchsee, Tel. +43 (0) 5374 5253  
www.wildauerhof.at, info@wildauerhof.at
- ✿ Postgasthof Fischerwirt  
Hausbergstraße 1, 6344 Walchsee, Tel. 43 (0) 5374 5239  
www.fischerwirtwalchsee.at, urlaub@fischerwirtwalchsee.at

### For other options of accommodation please contact:

Tourismusverband Kaiserwinkl, Postweg 6, A-6345 Kössen  
Tel. +43 (0) 501-100, www.kaiserwinkl.com, info@kaiserwinkl.com

### How to get to Walchsee

**Arriving by car:** Coming from Munich, Salzburg or Innsbruck take the Inntalautobahn (Inntal motorway) to the Oberaudorf exit, then turn right. Crossing the German-Austrian border at Niederndorf, continue for about 10km. Once in Walchsee, turn left into Alleestraße after the Opel dealer. Having left the main road, continue for about 300m to the venue. **Arriving by train:** Coming from Munich or Innsbruck, get off the train at Kufstein. From there you can take public transport (bus) or taxi for the final 18km to the Wittlinger Lymphedema Clinic in Walchsee.



## Wednesday, 21 June 2023

09.00 - 16.00 REFRESHER COURSE MLD CDT,  
LANGUAGE GERMAN & ENGLISH

\*) Only for fully trained lymph therapists

\*\*) Participation is only possible upon presentation of a training confirmation.

\*\*\*) The four-week MLD/CDT training must be conducted by an authorized teacher.

## Thursday, 22 June 2023

09.00 - 16.00 REFRESHER COURSE MLD CDT,  
LANGUAGE GERMAN & ENGLISH

\*) Only for fully trained lymph therapists

\*\*) Participation is only possible upon presentation of a training confirmation.

\*\*\*) The four-week MLD/CDT training must be conducted by an authorized teacher.

## Friday, 23 June 2023 - 1<sup>st</sup> Congress Day

from 08.30 REGISTRATION

09.00 - 17.15 WORKSHOPS

18.00 - 19.00 OPENING – KEYNOTE ADDRESS

19.30 GET TOGETHER PARTY

## Saturday, 24 June 2023 - 2<sup>nd</sup> Congress Day

08.30 - 12.15 SCIENTIFIC SESSION

13.30 - 15.30 ACTIVE LYMPH SUPPORT PROGRAMME

15.30 - 16.30 GENERAL ASSEMBLY ASSOCIATION  
OF DR. VODDER'S MANUAL LYMPH  
DRAINAGE AND OTHER LYMPHATIC  
THERAPIES

16.30 - 17.00 VODDER/WITTLINGER PRIZE

17.00 - 19.00 SCIENTIFIC SESSION

19.30 SAY GOODBYE - DINNER

## Sunday, 25 June 2023

09.00 - 15.00 TEACHER MEETING  
OF THE DR. VODDER ACADEMY

\*) May only be booked by teachers trained by the Dr. Vodder Academy.

# Therapeutic Science and Scientific Therapy in Lymphology

## Wednesday, 21 June 2023

09.00 - 16.00 **Refresher course MLD CDT  
in Wittlinger Lymphedema Clinic, language D/E**

\*) Only for fully trained lymph therapists

\*\*) Participation is only possible upon presentation of a training confirmation.

\*\*\*) The four-week MLD/CDT training must be conducted by an authorized teacher.

## Thursday, 22 June 2023

09.00 - 16.00 **Refresher course MLD CDT  
in Wittlinger Lymphedema Clinic, language D/E**

\*) Only for fully trained lymph therapists

\*\*) Participation is only possible upon presentation of a training confirmation.

\*\*\*) The four-week MLD/CDT training must be conducted by an authorized teacher.

## Friday, 23 June 2023 – 1<sup>st</sup> Congress Day

### Practical Part

08.30 **Registration**

09.00 – 10.15 WORKSHOP 1  
and 14.45 – 16.00 **Water gymnastics for edema patients – useful?**

09.00 – 10.15 WORKSHOP 2  
and 14.45 – 16.00 **Psychological tips for a good quality of life with edema**

10.15 – 10.45 BREAK / VISIT TO COMPANY EXHIBITION

10.45 – 12.00 WORKSHOP 3  
and 13.00 – 14.15 **Let us Create Padding Materials for Bandaging/  
for Combining them with Compression  
Stockings**

12.00 – 13.00 BREAK / LUNCH /  
VISIT TO COMPANY EXHIBITION

10.45 – 12.00 WORKSHOP 4  
and 16.00 – 17.15 **Self-Treatment/Self-Bandaging  
Lower and Upper Limbs**

10.45 – 12.00 WORKSHOP 5  
and 13.00 – 14.15 **Breathing and Exercise as a Contribution to  
Self-Management**

14.15 – 14.45 BREAK / VISIT TO COMPANY EXHIBITION

The workshops are offered in both German and English. When booking, please indicate the appropriate language (D - German or E - English) on the registration form

## Presentations by Companies (German language only)

- 09.00 - 10.00 'medi vision' Digital Scanning System for Customised Stockings - **Medi Austria**
- 10.15 - 11.15 New and Proven Approaches in Compression Therapy **Ofa Austria - Lastofa forte**
- 13.00 - 14.00 The IPK – Intermittent Pneumatic Compression as a Supplement or Alternative to MLD - **Villa Sana**
- 14.15 - 15.15 Modern Compression Therapy in Lymphology **Juzo**
- 15.30 - 16.30 The New Flat Knit Technology for More Precision and Freedom of Movement - **JOBST® Confidence**
- 16.45 - 17.45 Deep Oscillation – sensible use in Lymphology **Physiomed**

## Scientific Part

- 18.00 - 19.00 **OPENING – KEYNOTE ADDRESS**  
19.30 **Get together Party**

## Saturday, 24 June 2023 – 2<sup>nd</sup> Congress Day

08.00 **Registration**

08.30 **SESSION 1**  
**Upper Limbs/Head**

**BREAK / VISIT TO COMPANY EXHIBITION**

10.40 **SESSION 2**  
**Lower Limbs/Genitals**

12:15 - 13:30 **BREAK / LUNCH AND**  
**VISIT TO COMPANY EXHIBITION**

15.30 - 16.30 **General Assembly of GfMLV**

16.30 **SESSION 3**  
**Dr. Vodder / G. Wittlinger Award Ceremony**

**BREAK / VISIT TO COMPANY EXHIBITION**

17.00 **SESSION 4**  
**Lectures on Other Topics**

19.30 **Say Goodbye – DINNER**

## Leisure Programme

13.30 – 15.30 **Guided Bike Tour**  
Tour in the Kaiserwinkl area

13.30 – 15.30 **'Cruising' on Lake Walchsee by e-Boat**

13.30 – 15.30 **Nordic Walking on the 4 Elements Path**

13.30 – 15.30 **Horse and Carriage Ride Around the Lake**

In case of heavy rainfall the leisure programme will be cancelled.  
If so, you will be refunded the booking fee.